

The Dalhousie Digest

5432 Dalhart Rd NW T3A 1V6 403-286-2555 admin@dalhousiecalgary.ca

www.dalhousiecalgary.ca

*Happy
St. Patrick's Day*

**Please watch our website for more
information on spring recreation
soccer registration!**

**Check our website at www.dalhousiecalgary.ca for Community Center programs
and services, general community information and more.**



Dalhousie Community Association

5432 Dalhart Road NW • 403-286-2555 • admin@dalhousiecalgary.ca

Board of Directors

President Cindy Kominek 403-909-2533
Vice President Lesley Bloxham
Vice President Ron Cornish 403-247-2575
Past Vice President Kevin Dorma 403-202-5445
Secretary Wendy Pozak 403-481-4094

Elected Directors

Ron Cornish 403-247-2575 Christine Wutzke 403-286-5288
Neil Pozak 403-919-2446 Cindy Kominek 403-909-2533
Wendy Pozak 403-481-4094

Group Representatives

Dalhousie Out of School Care 587-437-8218
Dalhousie Soccer Office, www.dalhousiecalgary.ca
Guiding Guide Centre, 403-283-8348
Kindergarten & Junior Kindergarten www.dcakids.com, 403-288-1050
Playschool 403-286-2339
Scouting Maurice, 403-286-0459, maurice_shevalier@shaw.ca

Elected Representatives

Councillor Sean Chu, 403-268-3727
MLA Stephanie McLean, 403-216-5436
MP Len Webber, Len.Webber@parl.gc.ca

**The next meeting of the
Dalhousie Community Association
Board of Directors is
7:00 p.m. Wednesday, March 13, 2019
at the Dalhousie Community Centre.
All Dalhousie residents are welcome to attend.**



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In Our Community

Thank you to our Executive and Board Members!

A big thank you to past executive and board members pictured here at the AGM on Jan 30th. Much gratitude and thanks go to our outgoing executives, Ron McKellar (VP) and Kevin Dorma (VP) for seeing us through so much work and many changes these past years as well as their long standing commitment to the Dalhousie community. They were always ready to do whatever was needed, as well as sharing their wisdom and extensive experience with new board members and executive. Thank you also to Lesley Bloxham, our treasurer, for all her hard work this past year, as she presented audited financial statements at the AGM, highlighting our financially sound and healthy community association.

Welcoming in our new and energetic executive, Cindy Kominek (President), Ron Cornish (VP), Lesley Bloxham (VP), and Wendy Pozak (Secretary). Our Treasurer position is currently vacant and we are seeking an enthusiastic board member to fill this rewarding position. It is a great way to fill professional development requirements for those that need them.

Last, but not least, welcome back to new and existing board members! This promises to be another exciting and dynamic year for Dalhousie, and we're always looking for community members to get involved. Please come check us out at one of the many events held throughout the year, or call any of the executive or board members for more information.



Contest Time!

Do you have a birthday, wedding shower, or meeting coming up? The Dalhousie Community Centre has a variety of rooms available to rent – and you could get your next rental for free! Once the Dalhousie Community Association reaches 500 “likes” on our Facebook page, we will be conducting a random draw for a free 3 hour rental in either the Sunrise Room or Phoenix Room!

Contest Details: Room rental is subject to room availability. The prize cannot be exchanged for money or used towards a current invoice.

Arrr!- it's a Pirate Musical!

We're pirates, nasty pirates
We're as mean as dirt, you see,
And if you'd like to join us
We're as happy as can be!
Belay your fear, come sing and dance
We'd love to have ye matey!
Just mark the time you see below
And don't forget the date-y!

Great for kids 7 and up!
Dalhousie Community Centre
July 15-19 9:30 am – 2:30 pm
Wendy Kondrat and Anne Gatha
On-going registration until the camps filled

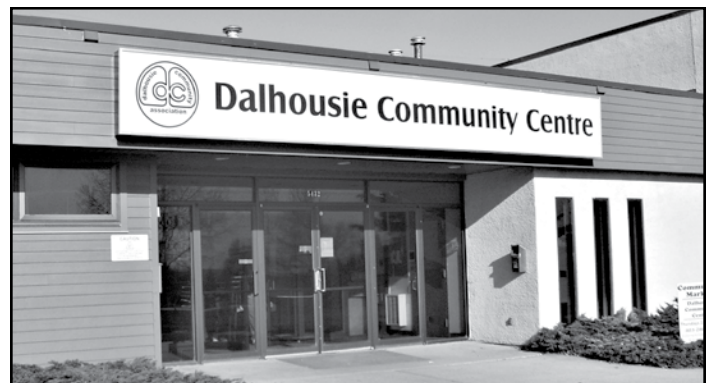


Available Space

The Dalhousie Community Centre is host to many great program (see program guide on page 5), and we are looking to expand the programs that are offered here! We have a variety of rooms to offer, including a Dance Studio. Please email admin@dalhousiecalgary.ca for more information on availability or head over to dalhousiecalgary.ca to view the rooms and their descriptions. A few of the time frames and rooms available now include:

- Tuesdays in the Phoenix Room anytime between 6:00 p.m. – 9:00 p.m.
- Thursdays in the Phoenix Room anytime between 7:00 pm. – 9:00 p.m.
- Tuesdays in the Dance Studio from 4pm-5pm

*Other rooms/times may be available!



Winter Community Office Hours

Monday – Thursday 9:00 a.m. – 9:00 p.m.
Friday 9:00 a.m. – 3:00 p.m.
Saturday 9:00 a.m. – 4:00 p.m.
Sunday 9:00 a.m. – 12:00 p.m.
Closed on Statutory Holidays

Community Office Staff

General Manager: Marsha, gm@dalhousiecalgary.ca, 587-437-8217
Finance: finance@dalhousiecalgary.ca, 403-286-2555
Reception/Events Booking: admin@dalhousiecalgary.ca, 403-286-2555

Dalhousie Kindergarten News

Lifelong Learning starts here!

Our program is designed to offer a wealth of experiences to our eager learners and we are very proud of the variety of challenges we offer. We believe that a Kindergarten classroom is a place where we can (and should) build a foundation that encourages a lifelong enthusiasm for learning and exploring! With our February skating lessons now complete, we send a heartfelt thank you to the volunteers who maintain the ice rink at our community centre. We are so fortunate to be able to practice our skating skills so close to home! In March, we will continue developing our gross motor skills, as we partner with leadership students from H.D Cartwright school for a series of "Sports Days". Even more, swimming lessons will be held in April.

In the classroom, we were able to complete "100 Acts of Kindness" – where we focused on the different aspects of "being kind". Did you know there are at least 10 different reasons to give a friend a high five?! That's what we've discovered. In taking action and showing each other kindness, we are becoming more cohesive

as a group, able to celebrate the uniqueness of our peers and raise each other up as we continually face new classroom challenges.

We were also visited by an artist – Alice Helwig of A.S Helwig Studio, for a weekly residency. Alice set up a mini-studio in our space during center time, and our students had the opportunity to not only watch her at work, but join in and explore different visual art concepts, fool around with colour mixing and discover different (sometimes unconventional) tools.

Our Kindergarten classroom is definitely the place to bring your enthusiasm for trying new things and learning new skills. This applies to both our students and grown-up volunteers, whose ideas and participation provide such unique enhancements to our program.

Our class for 2019-2020 is currently full, but we will be keeping a waiting list, as there are often changes. Please call our office (403-288-1050) if you are still considering options. You can also find information about our program at www.dcakids.com. We always welcome inquiries and would be please to tell you more about our exceptional community kindergarten program.

Spring Craft Sale!

It is Mother's Day weekend – time to treat your mom, wife and grandma to a fun day at the Dalhousie Spring Craft Fair!

There will be complimentary coffee, tea, and hot chocolate throughout the day, and refreshments from 11am-1pm in the Conference Room. We have vendors that will be selling a variety of unique handmade crafts in the Auditorium. This is a great opportunity to treat mom (or yourself) to a fun gift!

Event Details:

When – Saturday May 11th, 2019 10:00 a.m. – 3:00 p.m.

Where – Dalhousie Community Centre (5432 Dalhart Rd. NW)

Cost – FREE admission and parking

If you are interested in participating in the Spring Craft Fair as a vendor, please email admin@dalhousiecalgary.ca

Recycling 101

Get Back to the Recycling Basics

Paper and cardboard

Recycle all cracker boxes, delivery boxes, coffee cups, flyers and other paper items. Tip: Break down boxes to make more room in your blue cart.

Bundled plastic bags and wrap

Bag your bags. This includes all stretchy bags like grocery bags, shopping bags, bread bags, produce bags, shipping bags, cling wrap and bubble wrap. Stuff into one plastic bag and tie closed.

Plastic containers

Is your plastic item a container like a yogurt tub, pop bottle or milk jug? If yes – rinse and recycle it. If no, put in the garbage.

Tin cans and tin foil

Crumple up tin foil and pie plates into a ball before recycling.

Glass bottles and jars

Rinse out food residue before recycling.

Your blue cart is for household paper, packaging and containers. If it isn't one of the materials listed above, don't put it in your blue bin.

Learn more at calgary.ca/recycling



Cardboard egg cartons, women's dress scarves and bead necklaces donations can be made at the center. Your generous donation will enhance children's dramatic play centers in our out of school program.

Living in a City With Coyotes

Calgary has been experiencing coyote activity in many areas of the city. Although rare, some encounters have involved pets being hurt or killed. While this is certainly concerning, Calgarians must realize that euthanizing or moving coyotes leads to more coyotes entering the area.

Citizens can reduce or even eliminate negative encounters with coyotes and pets by ALWAYS keeping dogs on leash except in off-leash parks and DO NOT allow cats to roam. Not only will these steps help keep pets safe, they are also the requirement in The City's Responsible Pet Ownership bylaw.

Here are other actions that will greatly reduce the risk of coyote encounters:

- Coyotes can be attracted to an area by dog feces, so please clean up after your pets, even in natural environment parks.
- Don't approach or feed coyotes.
- Secure open areas under porches, decks or steps.
- Clean up your compost, garbage and other potential food sources.
- Don't store food outside.
- Clean up around bird feeders and clean up fallen fruit.

For more information on how we can work together to live in harmony with coyotes and other wildlife, visit calgary.ca/coyotes.

For more on the Responsible Pet Ownership bylaw, visit calgary.ca/animalservices.

For a list of off-leash parks, go to calgary.ca/offleash.



Dalhousie Community Playschool News

For many parents, walking through a toy Store can be overwhelming! There are so many choices of toys and materials, so many brands and so many 'developmental' promises. However, it can all become very expensive- very quickly, especially since we are all keen to keep the children engaged and busy at home. ***When choosing toys and materials for your children, take a moment to consider that simpler can sometimes be better; materials don't have to be expensive or have a lot of bells and whistles to be good learning tools for your children.***

We strive to keep learning materials novel and exciting to the children in our classes, but like parents, we have to keep within a budget. Therefore we frequently turn to free, recycled or everyday materials, and objects that can have never ending uses.

- The outdoors provides us with amazing- and free materials for art. With a paintbrush and paint, (or water coloured with food colouring) the children enjoyed endless painting hours- on something which is free and available in Calgary- ICE and SNOW!
- Have you received a parcel recently? Using a bucket and shovels alongside packing noodles the children enjoyed scooping and pouring. You could even use small boxes instead of buckets to make this an even cheaper activity!
- Sugar Cubes and plastic cups- cheap and readily available and they make really great building blocks to provide some new textures to play.
- Take a look through your pantry- do you have any salt? This is an amazing base to practice drawing letters and shapes in with fingers or paint brushes.

We have begun registration for our classes beginning

Broom Ball, Anyone?

The Dalhousie Community Centre has an outdoor rink out back, why not use it?

We are looking to see if there is enough interest from people in the community and surrounding areas to reserve the outdoor rink for drop in broom ball. If you are interested, please email admin@dalhousiecalgary.ca your full name and phone number!

in September 2019. If you are looking for a spot for your preschooler, we offer small class sizes, fun and engaging activities, learning through play and a nurturing start to their school career. ***Places are on a first come first served basis, and we only have limited spaces left.*** Please contact registrar@dalhousiecommunityplayschool.com, call 403-286-2339 or visit www.dalhousieplayschool.blogspot.com. We would love to answer your questions or give you a tour of our classroom.

The Month of Giving!

Although the Christmas season was not long ago, the DCA realizes there are many families that need help throughout the year. We are looking to give back to families in need that live in Dalhousie! However, we need your help. We are looking for nominations from YOU for families that you think could use a little something to help them out and make their March a little brighter.

Please come by the community centre for a nomination page or email admin@dalhousiecalgary.ca to have one emailed to you. Once completed, return via email or drop off at community centre by Monday March 4th. The nomination forms will be available starting Thursday February 7th, 2019. We will conduct a random draw for the selected families that the DCA will be directly helping. Would you like to help us even more with giving back? Depending on the volume of nominations, we could be looking for others to help sponsor a family. If you are interested in sponsoring a family, please email admin@dalhousiecalgary.ca. Once nominations are all in, we will evaluate and contact the volunteers when necessary.

DID YOU KNOW??

Saint Patrick's Day is a cultural and religious celebration that happens annually on 17 March to commemorate the most commonly-recognised patron saint of Ireland, Saint Patrick.



Program Space Available

Are you looking to start an adult or children's weekly program or class? We have a variety of rooms to rent that have a capacity of 50 people. Our most updated 50 person capacity room, the Phoenix Room, has availability during the week during the below time slots in 2019:

- Monday & Tuesday anytime between 9:00 a.m. – 9:00 p.m.
- Wednesdays between 9:00 a.m. – 11:30 a.m., 2:00 p.m. – 6:30 p.m.
- Thursdays 9:00 a.m. – 5:00 p.m.
- Fridays 9:00 a.m. – 3:00 p.m.

Phoenix Room Rates:

Monday-Friday from 9:00 a.m. – 3:30 p.m.: \$20/hour
Monday-Friday from 3:30 p.m. – 9:00 p.m.: \$40/hour

Email admin@dalhousiecalgary.ca if you are interested in hosting a program or class at the Dalhousie Community Centre!

Looking for Volunteers

Dalhousie Out of School Care program is looking for volunteers to visit our programs sharing their passion for stamps, coins, kites, rocks or fossils. Dates and times are flexible. We are also looking for someone to sew basic costume pieces for our dramatic play area. All materials supplied. Call Marsha for additional information at 587-437-8217

Books Needed

Our community book shelf needs some good reads to share. Please donate any good novels for adults, teens and children at the Community Center. Please take a book when you visit.

DCA Spring Day Camp

When: March 25th—March 29th, 2019

7:00 a.m.—9:00 a.m. (Before Care)

9:00 a.m.—4:00 p.m. (Camp)

4:00 p.m.—6:00 p.m. (After Care)

Where: Dalhousie Community Centre— Out of School Care Room

Who: Current Dalhousie Out of School Care attendants

NOTE—A MINIMUM OF 10 CAMPERS ARE REQUIRED TO REGISTER BY MARCH 15TH @ 12 P.M. FOR THE CAMP TO OPERATE

Cost: \$185/child

* No subsidy available

Registration Opens February 1st, 2019 at the Dalhousie Community Centre

2019 Room Rental Availability

Are you looking for a space to start or continue to host a program or service? We have a variety of different rooms that are designed to fulfill various needs for renters. Below are some of the available weekly time slots that are available in the rooms listed. If you have inquiries about the time slots listed below, or other rooms and a different time slot, please email admin@dalhousiecalgary.ca for more information. Please note, you must rent for a minimum of 1 hour.

Featured Rooms Available For Weekly Bookings:

- **Dance Studio** – Mondays 9:00 a.m. – 4:00 p.m.
Tuesdays 11:00 a.m. – 5:30 p.m.
Sundays 9:00 a.m. – 1:00 p.m.
- **Phoenix Room** – Mondays, Tuesdays 9:00 a.m. – 9:00 p.m.
- **Sunrise Room** – Mondays 2:00 p.m. – 7:00 p.m.
Thursdays 6:00 p.m. – 9:00 p.m.
- **Conference Room** - Wednesdays 4:00 p.m. – 9:00 p.m.

Spring Soccer Registration Is Open!

It is time to register your children for Outdoor Dalhousie Recreational Spring Soccer! All registration is completed online with SoccerTech. A DCA membership is required when registering for Spring Soccer. For those that have purchased the 2018-2019 (running from September 2018-August 2019) membership already, you will be prompted to buy another one online. Unfortunately there is not a way around this, and we will refund you by cheque for the amount of the membership. Please email info@soccertech.ca with any online registration questions. We hope to see you on the fields, if weather allows it, at the end of April!



Dalhousie Comm. Assoc.

Classifieds

To place your classified ad call the Dalhousie Community Centre at 403-286-2555

- **Detailed House Cleaning Maid:** cleaning of your house and organizing weekly, bi-weekly, monthly or on time services provided. Also move in/move out! Very thorough and detailed cleaning working according to the individuals needs. Licensed, insured and bonded. Call 587-664-9766
- **Will Do Odd Jobs:** Junk removal, small indoor / outdoor jobs, yard work, tree / hedge trimming, garden work. Need anything done call Warren: 403-286-4348

Community Center Room Rentals

The Dance Studio

Our mirrored 1,700 sf studio is available weekdays between 9:00-3:00, for \$24.50 (half price) per hour. Spring and summer week night and week-end availability. Call 403-286-2555 #1 for a tour and availability or check our website for photo's and general information.

Join us for Family Games Night at the Community Center

When: Tuesdays from 6:00 p.m. – 8:00 p.m.

Where: Dalhousie Community Centre – Conference Room

Cost: \$2/Drop In per family (must have DCA membership to attend)

The DCA has a variety of games to lend, however feel free to bring your own family-friendly game to play if you wish!

A Non-perishable food donation bin has been set up in the foyer at the community center to assist some families with children attending H.D. Cartwright Junior High. Thank-you in advance for your compassion and support.

Municipal Development Plan and Calgary Transportation Plan Review

The City is reviewing its Municipal Development Plan (MDP) and Calgary Transportation Plan (CTP), and we need your help.

The MDP and CTP are Calgary's long-range land use and transportation plans that look 60 years into the future, when our population is expected to reach over two million people. The Plans help shape how the communities we live and work in grow, develop and evolve over time.

Calgary is recognized as a great place to make a living and a great place to make a life, and was named the fourth most "livable city" in the world in 2018. How do we continue to shape our bright future? That's where we need to focus on priorities and actions over the next 20 years.

We're checking in on our long-range plans to see what's working well and contributing to the quality of life many Calgarians enjoy, and what needs to be updated or changed to make this a reality for more Calgarians over the next 20 years.

Within the next few months, we want to hear what's important to you, and your big picture ideas for making life better for everyone who calls this city home. With your help, we'll also delve deeper into core elements of our plans like transportation, jobs, housing and the environment.

Visit calgary.ca/Next20 to find out what our plans mean for you and how you can participate. Let's work together to plan our future.

City of Calgary



Be Prepared During an Unpredictable March

The month of March is full of surprises. Here in Calgary we can get snow storms, hail storms or warm sunny days! While we can hope that this march brings



warm sunny weather, it's good to be prepared for anything with a 72-hour kit. "The first 72 hours after an emergency hits can be very hectic and first responders may be busy assisting those in immediate danger. A 72-hour kit can support you and your family for three days in an emergency situation," says Sue Henry, Deputy Chief at Calgary Emergency Management Agency.

Ideally you will build your 72-hour kit in a waterproof piece of luggage or container with wheels so that it is mobile and protected from the environment. Pack enough to sustain all the members of your family for three days. In your kit you will want:

- Water (4 litres per person, per day)
- Food (non-perishable, and a can opener if needed)
- Medication, prescription glasses or other special needs items
- First aid kit
- Flash light
- Radio
- Powerbank and phone charger
- Important documents
- Cash
- Warm clothes and blankets
- Toiletries
- Whistle
- Supplies for babies and pets
- Entertainment (books, cards, low power options)

Check on your kit every six months or when you change your clocks, to replace used items and check expiry dates. Kits do not need to be built in one day, consider adding one item to your grocery list every week and build it over time.

For more information about how to prepare your family and your home for an emergency and take the Ready Calgary course, visit calgary.ca/getready.

City of Calgary

Future DCA Events and Activities

- Late Spring/Early May 2019 – DCA Recreational Outdoor Soccer (U4-U12)
- Parade of Garage Sales (Dates TBA)
- May 18, 2019 – Spring Craft Fair
- July 15th- 19th, 2019 – Pirates Musical Theatre Camp
- July 22nd- 26th, 2019 – Summer Fun Camp
- July 22nd- 26th, 2019 – Beginners Guitar Lessons

More events and activities, with details, to be announced soon!

Outdoor Rink

The DCA has a smaller outdoor rink behind our community centre that is available for public use! You do not have to be a Dalhousie resident, or hold a DCA membership – our rink is open for everyone to use. It is a boarded area, with benches for you to put on your skates. Washrooms are inside the Dalhousie Community Centre, however you would need to take off your skates to come inside. We highly recommend wearing helmets (not bicycle helmets) and having parents on-site while on the ice surface.

Watch our Facebook and Twitter page for the most up to date rink conditions this winter!

Did You Know?

Did you know the Dalhousie Community Centre has various rooms for rent? We have rooms that can hold up to 50 people, and a large Auditorium that can hold up to 300 people! Our smaller rooms are a perfect size for a family event, birthday, baby shower, meeting and more! For more information about the rooms we have available to rent, visit www.dalhousiecalgary.ca for more information!

Employment Opportunity at the Community Center

Hiring 3 STEP students for the summer of 2019. More information available next month.

Zumba

When: Tuesdays and Thursdays
9:15 a.m.—10:15 a.m. **Where:** Dance Studio (downstairs)
@ The Dalhousie Community Centre
Who/Cost: Adult (18-59) \$7/drop in
Senior (60+) \$5/drop in
***A seniors “AAA” membership or DCA adult membership is required to participate!**

This is a great opportunity to try a new physical activity with Kim! Kim is a certified Zumba Gold-Toning instructor and encourages people of all experience levels to come out and try Zumba!

Out of School Care Staff Needed!

The Dalhousie Out of School Care program is growing again and is re-cruiting for a Program Director, Assistant Director, and Site Supervisors.

We provide:

- Competitive wages
- Bonus's
- Benefits

All positions must have a Level III, Supervisors Certificate, Police Security Clearance and First Aid. Positions to start immediately!

If interested, please contact Marsha by email gm@dalhousiecalgary.ca or call 1-587-437-8217

On-going used eye glasses donations are being coordinated by the Calgary Folk Club at the community center. Please consider donating your unused eye glasses.