

The Dalhousie Digest

5432 Dalhart Rd NW T3A 1V6 403-286-2555 admin@dalhousiecalgary.ca

www.dalhousiecalgary.ca

Happy Stampede!

**Check out our
Summer Day Camps**

**Community Garage Sale
September 14 - 15**



Check our website at www.dalhousiecalgary.ca for Community Center programs and services, general community information and more.



Executive Directors

President, Cindy Kominek403-909-2533
 Vice President, Ron Cornish403-247-2575
 Vice President, Lesley Bloxham.....
 Treasurer, Nancy Moshernancymoshercma@gmail.com
 Secretary, Jonathon Maynard.....jgmaynard@gmail.com

Elected Directors

Christine Wutzke403-286-5288
 James Fong jameshowfong@gmail.com
 Kevin Dorma dormak@telus.net
 Sunny Wang.....sunny.wang@stantec.com
 Petro Babak..... petro@ualberta.ca

Group Representatives

Dalhousie Out of School Care (DOSC)587-437-8218
 Dalhousie Soccer Office, www.dalhousiecalgary.ca
 Guiding..... Guide Centre, 403-283-8348
 Kindergarten & Junior Kindergarten www.dcakids.com, 403-288-1050
 Playschool 403-286-2339
 Scouting..... Maurice, 403-286-0459, maurice_shevalier@shaw.ca

Elected Representatives

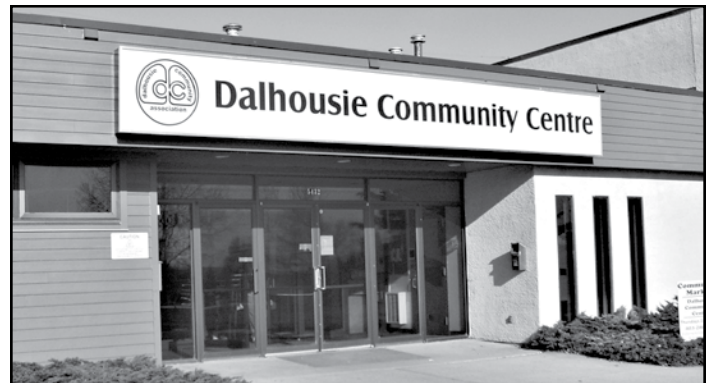
Councillor.....Sean Chu, 403-268-3727
 MLA..... Prasad Panda, 403-288-4453, Calgary.Edgemont@assembly.ab.ca
 MP Len Webber, Len.Webber@parl.gc.ca

There will be no board meetings over July and August. The next board meeting will be Tuesday September 10 at 7:00 p.m. at the Dalhousie Community Centre. All Dalhousie residents are welcome to attend.

In Our Community

Board Member Profile

Lesley has been our fearless treasurer for the last several years and this year stepped in as Vice President. As a CPA, her contributions to the Treasurer role were many, including supporting our GM and staff on accounting, cash management, reporting and stewardship issues. She has improved our processes and controls, as well as reporting. Thank you so much Lesley for the many, many, many tireless hours you've put in and for your commitment to the Dalhousie Community, its people and the organization. We would not be in such great shape financially as an organization if we didn't have the care and dedication that Lesley has selflessly given to this volunteer position. Thank you for all your past work and effort and for continuing this year in the role of Vice President, while helping to support our new Treasurer, Nancy Mosher, during the transition.



Summer Community Office Hours

We are closed July 1st for the holiday!
 Monday-Friday: 9:00 a.m. – 6:00 p.m.
 Saturday: Dependent on bookings
 Sunday: 9:00 a.m. – 12:00 p.m.

*If you are looking to speak to someone about a potential booking or to view a room, please email admin@dalhousiecalgary.ca or call 403-286-2555 to make an appointment!

Community Office Staff

General Manager: Marsha, gm@dalhousiecalgary.ca, 587-437-8217
 Finance: finance@dalhousiecalgary.ca, 403-286-2555
 Out of School Care: 587-437-8218
 Reception/Events Booking: admin@dalhousiecalgary.ca, 403-286-2555



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Dalhousie Community Association Board Recruitment

The Dalhousie Community Association is looking for community-minded residents to join us on our Board of Directors.

If you have ever been interested in being part of the decision-making process for growth and development, activities and events, and the overall functions of our neighborhood, now is your chance to join.

The Board of Directors is a group of residents who volunteer their time and contribute their ideas, knowledge, and experience to all the inner workings of our community association. If you are passionate about your neighborhood and have 2 hours to come to our monthly meeting, this is the perfect opportunity to give back and get some valuable volunteer experience.

Did You Know The DCA Has A Full Grade Commercial Kitchen For Rent?

The DCA has a beautiful full grade commercial kitchen for rent! You can rent it by the day, or by the hour (for a minimum of two hours). To rent it by the day, it costs \$250 (access from 9:00 a.m. – 1:00 a.m. the next day) or \$25/hr. You are responsible for sanitizing and cleaning the kitchen – you will need to bring your own cleaning cloths, however we supply the cleaning solution, brooms and mops that you would need to clean. For more information about our equipment or to book an appointment for a viewing, email admin@dalhousiecalgary.ca

PARADE OF GARAGE SALES!

September 14th & 15th

DALHOUSIE COMMUNITY— ALL GARAGE SALES MUST TAKE PLACE AT A DALHOUSIE ADDRESS

COST: \$10 - DCA MEMBERSHIP IS NOT REQUIRED. COST INCLUDES GARAGE SALE SIGN AT REGISTRATION & MARKETING.

REGISTRATION IS OPEN AT THE DALHOUSIE COMMUNITY CENTRE FROM AUGUST 6TH-SEPTEMBER 11TH

**FOR MORE INFO CONTACT
ADMIN@DALHOUSIECALGARY.CA OR CALL 403-286-2555 EXT. 1 OR
VISIT WWW.DALHOUSIECALGARY.CA**

City of Calgary Community Clean Ups in NW Calgary 2019

Dalhousie is NOT a host location for a Community Clean Up this year, however here are the dates for City of Calgary Community Clean Ups in NW Calgary this year:

- Highland Community Park Community Centre: September 7
- Hounsfield Heights/Brier Hill Community Centre September 15
- London Drugs – Royal Oak Centre September 22

Please note not all Community Clean Ups start at 9:00 am.

Helmet Safety

Choose the right helmet

Before buying a new helmet, consider the following:

- Measure around your head at eyebrow level to know what size of helmet to buy
- Decide what kind of helmet you need: a bike helmet, just for biking, or a multi-sport helmet that is approved for biking and other sports such as skateboarding and in-line skating.
- Try different styles and brands to find the one that fits you best
- Check to make sure the helmet is safety approved for cycling and meets safety standards such as CSA, CPSC, Snell or ASTM.

Wearing your helmet

- Make sure the helmet is level from front to back.
- Check that the front edge sits 1 to 2 finger widths above your eyebrows.
- Add or remove sizing pads, or adjust the ring fit system to make the helmet fit snugly.
- Adjust the straps to form a V just below and in front of your earlobes.
- Do up the chinstrap.
- Adjust the chinstrap so there's only one finger-width between your chin and the chinstrap.
- Fit the helmet tighter if it moves when you nod or shake your head.
- Wear your helmet every time you ride your bike.

Alberta Health Services

Park n' Play / Stay n' Play

Looking for some free, high quality programs for your kids? The City of Calgary offers programs that are open to everyone at no cost. These programs offer many different activities including crafts, games and active play. These drop-in programs are for children ages 3-12 years and are available in various community locations across Calgary. Programs will set up a tent in the park so parents and children can easily locate the meeting space.

PLEASE NOTE THIS IS AT WEST DALHOUSIE SCHOOL LOCATION
6502 58th Street NW

Stay n' Play

These safe, supervised programs help young children and adults make new friends and stay active through a play-based learning environment. Participants will engage in games and activities that they can use on their path to healthy and active lifestyles. Children must be accompanied by an adult and programs may be weather dependent.

Ages: 3 - 5 years + Adult
Monday - Friday, 10 a.m. - 12 p.m.

Stay n' Play in Dalhousie
Monday, July 22 – Friday, July 26, 2019
Location: West Dalhousie School
Address: 6502 58 Street NW

Park n' Play

These safe, supervised programs help children make new friends and learn games and activities that they can use on their path to healthy and active lifestyles. Programs run weekdays and may be weather dependent.

Ages: 6 - 12 years
Monday - Friday 10 a.m. - 3:30 p.m.

Park n' Play in Dalhousie
Monday, July 22 – Friday, July 26, 2019
Location: West Dalhousie School
Address: 6502 58 Street NW



Fountain Tire presents the:
Dalhousie Show & Shine 2019

Open to all makes and models:

Saturday Sept 7, 2019

Registration 9-10am, \$10 per vehicle, Show from 10-2

On the grass behind the Dalhousie Community Association

For more info or to volunteer please email neslo@shaw.ca

New this year will be a the First Calgary Kids Zone with activities to keep the entire family entertained!



\$5 Burger & pop,
Raffle prizes, 50/50 draw
All proceeds support:



ENVIROS

Awards for: Best in Show (voted by the fans), Best truck pre 80 & post 80, Best Survivor, Euro Import pre 80 & post 80, Best Camaro by Generation, North American pre 60, 61-80, & 81-now.



Thanks to our sponsors!



Dalhousie Community Center Specialty Camps

Arrr! – It's a Pirate Musical!

Dates: July 15-19 9:30a.m. – 2:30 p.m.

Ages: 7+

Price: \$150

Contact: admin@dalhousiecalgary.ca

Website: www.dalhousiecalgary.ca

Summer Fun Camp

Dates: July 22-26 9:00 a.m. – 12:00 p.m.

Ages: 3-6

Price: \$125

Contact: admin@dalhousiecalgary.ca

Website: www.dalhousiecalgary.ca

Guitar Lessons

Dates: July 22-26 1:00 p.m. – 3:00 p.m.

Ages: 7+

Price: \$125

Contact: admin@dalhousiecalgary.ca

Website: www.dalhousiecalgary.ca

Pickleball

We are glad that so many of you had taken the opportunity to learn the basics of pickleball at our FREE workshops that were held at the DCA this spring! We are hoping to continue to have more workshops later this summer/fall – stay tuned for more dates and times!

Are you curious as to what this “pickleball” game is? Have you noticed that there are usually people playing it every morning on the courts at the Dalhousie Community Centre as you drive by H.D. Cartwright? In short, pickleball is a paddle ball game that is a bit of a combination between tennis, ping-pong, and badminton. It is played with a short racquet than a tennis racquet, played on the same surface as a tennis match – however a smaller court size (we even have a few courts marked exclusively for pickleball!). It is played with a plastic ball with holes, much like a wiffle ball. It is a sport that is played by all ages!

If you don't have your own equipment, or would like to play with some more people, we suggest you contact the Calgary Pickleball Club at info@calgarypickleballclub.ca.

Youth Drop In Basketball and Adult Drop In Volleyball

We are excited to announce that the Youth Drop In Basketball and Adult Drop In Volleyball will be back at H.D. Cartwright this Fall! We realize that in the past we have not been able to get consistent dates, however moving forward we will have a clear schedule of what dates are booked for our programs. We will have some “blackout” dates due to school – once we have confirmation on the dates, we will post them on our website and in the Digest. Hope to see you in the fall!

Zumba

Zumba is a adult drop-in program offered at the DCA for people of all ages and abilities. Kim is a Zumba Gold instructor and has been teaching for the DCA for a number of years. To participate in Zumba, you will have to purchase a DCA (adult, family, or senior) membership to cover yourself under insurance while you participate in our program. Below are a few more details about the program:

Cost: \$5/drop in for a senior (60+) and \$7/drop in for an adult (18-59), plus the yearly membership (runs annually from September to August)

Location: DCA – downstairs in the Dance Studio

Dates and Time: Tues/Thurs at 9:15 a.m.- 10:15 a.m.

*call 403-286-2555 ext. 1 for the start date

Summer Zumba classes end Thurs July 4 and will start on Tuesday Sept 10.

Senior's Cribbage

Senior's Cribbage is offered at the DCA! Cribbage starts up October 2nd, 2019 in the Sunrise Room at 1:00 p.m. Coffee is provided; however, we strongly encourage you to bring your own travel mug for environmental reason. There is a winter and spring luncheon, and a lot of fun to be had on Wednesdays between October and April. A full list of dates will be available on our website and in the next Digest.

*Note - a DCA membership is required to participate in the cribbage. The DCA membership is to be purchased annually as it starts every September and ends every August.

Summer Camps At The Dalhousie Community Centre

This year we have a wide range of summer camps that are being offered, aside from the DCA Day Camps that we offer as well. Please read below for more information about camps your children can attend this summer! Registration for the DCA Day Camps, Pirate Musical Theatre Camp, Guitar Lessons, and Summer Fun Camp can be completed in person at the Dalhousie Community Centre. Any other camps have their own registration procedures.

DCA Day Camps

Age: Children entering grades 1 – 6

Price: \$225

Registration: At Dalhousie Community Centre

Time: Before Care 7am-9am

Camp 9am-4pm

After Care 4pm-6pm

At least one off-site field trip per week!

Parade of Garage Sales

When: September 14 & 15, 2019

Cost: \$10

Registration takes place at the Dalhousie Community Centre from Aug. 6 – Sept. 11, 2019 for a cost of \$10, which include a sign at registration and marketing. For more info email admin@dalhousiecalgary.ca.

Spring Soccer 2019

Thank you to all the children and parents that had participated in the Dalhousie Spring Recreational Soccer League! We were so lucky with the minimal amount of cancellation dates due to weather finally. A big thank you to SoccerTech for administrating the online registration, providing junior coaches, and making sure equipment and fields are ready for the teams to play on. We are happy to provide a program for children that is focused on having fun and learning some technical soccer skills. We hope your child had fun and is interested in playing next year! Visit soccertech.ca for more information on programs that they offer through the summer!

Week	Date	Time	Description
1	July 8-12	All Around The World	Stamp your passports! Celebrate Canada's 150th birthday and learn about all the continents and cultures around the world! Crafts and games will be focused on a different continent each day!
2	July 15-19	Cowboys vs. Aliens	Who done it? Embrace your inner spy and detective for a week of games and activities that will test your stealth and intelligence. Can you solve the crime before dinner time?
3	July 22-26	Science, Science, Science!	Bill Nye who?! Everyone will have the opportunity to become a mad scientist as we engage in various experiments and activities that can only be explained by science!
4	July 29 – Aug 2	Under The Sea	What is really down there? We will be doing many experiments and crafts while exploring the diversity of the ocean!
5	Aug 12-16	Time Travellers	We're going back in time in our final adventure of the summer! Walk with the dinosaurs, sail with the Vikings, run from the mummies, and fight alongside the knights through various games and activities!
6	Aug 19-23	Princesses And Pirates	Everyone, on the start line! The children will participate in a variety of activities, in teams, to compete against other teams to win the Amazing Race!

Rent A Room At The DCA!

Do you have a weekly program that you are looking to host somewhere? Or perhaps a monthly meeting spot, or somewhere to get some extra dance practice in? We may have the space for you! We have a large Auditorium, three 50 person capacity rooms, and a Dance Studio. Below are our Monday-Friday time frames that we can currently book for! Email admin@dalhousiecalgary.ca for a rental inquiry form, or check out our website at www.dalhousiecalgary.ca for more details and pictures about each room!

Mondays: Auditorium 11:00 a.m. – 6:00 p.m., Phoenix Room 9:00 a.m. – 5:00 p.m., Sunrise Room 12:00 p.m. – 4:00 p.m., 7:00 p.m. – 9:00 p.m., Conference Room 4:00 p.m. – 9:00 p.m., and Dance Studio 9:00 a.m. – 3:00 p.m.

Tuesdays: Auditorium and Phoenix Room 9:00 a.m. – 9:00 p.m., Sunrise Room 9:00 a.m. – 12:00 p.m., 6:00 p.m. – 9:00 p.m., Conference Room 4:00 p.m. – 9:00 p.m., and Dance Studio 9:00 a.m. – 9:00 p.m.

Wednesdays: Auditorium 9:00 a.m. – 12:00 p.m., 4:00 p.m. – 7:00 p.m., Phoenix Room 1:00 p.m. – 6:00 p.m., 8:00 p.m. – 9:00 p.m., Sunrise Room 4:00 p.m. – 9:00 p.m., Conference Room 4:00 p.m. – 9:00 p.m., and Dance Studio 9:00 a.m. – 3:00 p.m.

Thursdays: Auditorium 9:00 a.m. – 6:00 p.m., Phoenix Room 9:00 a.m. – 5:00 p.m., 7:00 p.m. – 9:00 p.m., Sunrise Room 9:00 a.m. – 6:00 p.m., Conference Room 3:00 p.m. – 6:00 p.m., and Dance Studio 11:00 a.m. – 3:00 p.m., 7:00 p.m. – 9:00 p.m.

Fridays: Phoenix and Sunrise Room 9:00 a.m. – 3:00 p.m., Dance Studio 11:00 a.m. – 3:00 p.m.

Are you looking for a space to host a major event? The Dalhousie Community Centre hosts many large events throughout the year including:

- Weddings
- Family Reunions
- Birthdays
- Engagement Parties
- Communions
- Comedy Nights
- Concerts
- And More!

Email admin@dalhousiecalgary.ca for more information or visit our website at www.dalhousiecalgary.ca

Dalhousie Comm. Assoc.

Classifieds *To place your classified ad call the Dalhousie Community Centre at 403-286-2555*

- **Will Do Odd Jobs:** Junk removal, small indoor / outdoor jobs, yard work, tree / hedge trimming, garden work. Need anything done call Warren: 403-286-4348
- **Sitting Services!** House/cat/dog visits \$20. Dog Walking \$18. Boarding, day care, basic grooming/training available as well. Call Elena 403-247-6205
- **Yard/lawn Care:** law mowing from \$100/month (vacation coverage available)/Painting - house, trim, fence. Yard Clean Up, including eavestroughs and minor repairs \$20-25/hr. Contact Derek @ 403-826-4169 or dbstew63220@gmail.com

Dalhousie Out of School Care Programs

Full 2019 Registration is on-going for Dalhousie Elementary and West Dalhousie Schools.

Registration is at the Community Center. Please email doscdirector@dalhousiecalgary.ca

To set up a time to register.

Save the Date!

- Stay N' Play (preschoolers) July 22-July 26
- Park N' Play (6-12 yrs) July 22- 26

Did You Know?

Did you know the Dalhousie Community Centre has various rooms for rent? We have rooms that can hold up to 50 people, and a large Auditorium that can hold up to 300 people! Our smaller rooms are a perfect size for a family event, birthday, baby shower, meeting and more! For more information about the rooms we have available to rent, visit www.dalhousiecalgary.ca for more information!

Community Mobile Skateparks 2019

The City of Calgary hosts temporary mobile skateparks and competitions at multiple locations across the city. Use of the skateparks is free and they are open to skateboarders, inline skaters and scooter users of all ages. Each park has a combination of roll-ins, fun-boxes with rails, pyramids with rails, grind-boxes, quarter pipes, wall rides, and half pipes. You can also participate in our skatepark competitions. Rules and safety can be found on-line at calgary.ca/free

Mobile skatepark rules and safety

All participants are expected to respect and adhere to the rules and guidelines established by skatepark staff. Parent/guardian signatures are required for participants under 18 years old. Waivers can be found below or at the mobile skatepark location. All ages welcome.

Please note bicycles and vehicles with motors are not allowed within our mobile skateparks.

Some locations to consider;

- Royal Oak June 21-July 3
- Ranchlands July 24-Aug 6
- Hidden Valley Aug 3-Aug 20
- West Springs/Cougar Ridge July 4-31

Please go to Calgary.ca/free for additional information, Hours of operation and other locations.

ActivateYYC is back and better than ever!

Launching its new initiative this month, ActivateYYC 2.0 will take on shortcuts, catwalks, mazes, and mews as a focus, with grants awarded up to \$1600! We are joining forces with Sustainable Calgary, The Calgary Foundation, and The City of Calgary to help Calgarian's reimagine these spaces across their communities as places of greater activity, community, and connection!

Do you have a great idea for transforming a shortcut?
Do you want to get involved in your community?
Do you want to bring your neighbours together for a fun project?

Sign up at <https://mailchi.mp/ae17f05c739d/activateyycnews> for ActivateYYC updates.

Dalhousie Pathways

Hello all residents of Dalhousie! Recently, we have received feedback about the lanes and pathways running through our neighbourhood. Dalhousie is fortunate to have such a unique path system that connects the whole community, but with these pathways comes maintenance, safety, and boundary concerns. These pathways that run between properties can become hazardous if shrubs, bushes and trees are not properly tended to. Fences and gates are the property owners responsibility to maintain and care for, but please keep in mind, they are also there to divide public areas from private areas; if you are enjoying the pathways please stay on the paths and respect our residents yards and property.

Finally, if there are any improvements you would like to see, please share your comments and concerns with the city through 311. 311 can be reached by telephone and also through a convenient app that can pinpoint locations in the city and include a picture of whatever issue you would like to address. With each call or contact, you will be given a reference number that you can follow up with if you feel your concern has not been met.

