

# *The Dalhousie Digest*

5432 Dalhart Rd NW T3A 1V6 403-286-2555 admin@dalhousiecalgary.ca

www.dalhousiecalgary.ca

*Back to  
School*

**Community Garage Sale  
Saturday, September 14 – 15**

**Show & Shine Free Family Event  
Saturday, September 7  
Kids activities/entertainment**

**Check our website at [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca) for Community Center programs and services, general community information and more.**



# Dalhousie Community Association

5432 Dalhart Road NW • 403-286-2555 • admin@dalhousiecalgary.ca

## Executive Directors

President, ..... Vacant  
 Vice President, Ron Cornish ..... 403-247-2575  
 Vice President, Lesley Bloxham .....  
 Treasurer, Nancy Mosher ..... nancymoshercma@gmail.com  
 Secretary, Jonathon Maynard ..... jgmaynard@gmail.com

## Elected Directors

Christine Wutzke ..... 403-286-5288  
 James Fong ..... jameshowfong@gmail.com  
 Sunny Wang ..... sunny.wang@stantec.com  
 Petro Babak ..... petro@ualberta.ca

## Group Representatives

Dalhousie Out of School Care (DOSCC) ..... 587-437-8218  
 Dalhousie Soccer ..... Office, www.dalhousiecalgary.ca  
 Guiding ..... Guide Centre, 403-283-8348  
 Kindergarten & Junior Kindergarten ..... www.dcalkids.com, 403-288-1050  
 Playschool ..... 403-286-2339  
 Scouting ..... Maurice, 403-286-0459, maurice\_shevalier@shaw.ca

## Elected Representatives

Councillor ..... Sean Chu, 403-268-3727  
 MLA ..... Prasad Panda, 403-288-4453, Calgary.Edgemont@assembly.ab.ca  
 MP ..... Len Webber, Len.Webber@parl.gc.ca

The next board meeting will be Tuesday,  
 September 10 at 7:00 p.m. at the Dalhousie  
 Community Centre.

All Dalhousie residents are welcome to attend.



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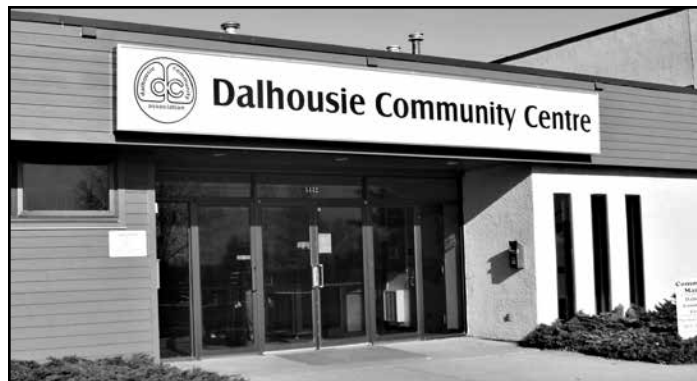
## In Our Community

# Dalhousie Community Association Board Recruitment

The Dalhousie Community Association is looking for community-minded residents to join us on our Board of Directors.

If you have ever been interested in being part of the decision-making process for growth and development, activities and events, and the overall functions of our neighborhood, now is your chance to join.

The Board of Directors is a group of residents who volunteer their time and contribute their ideas, knowledge, and experience to all the inner workings of our community association. If you are passionate about your neighborhood and have 2 hours to come to our monthly meeting, this is the perfect opportunity to give back and get some valuable volunteer experience.



## Fall Community Office Hours

Monday – Thursday 9:00 a.m.–9:00 p.m.

Friday 9:00 a.m.–3:00 p.m.

Saturday 9:00 a.m. – 4:00 p.m.

Sunday 9:00 a.m. – 12:00 p.m.

The centre will be closed if there are no programs or events over the fall months. Call the centre for current office hours.

\*If you are looking to speak to someone about a potential booking or to view a room, please email admin@dalhousiecalgary.ca or call 403-286-2555 to make an appointment!

## Community Office Staff

General Manager: Marsha, gm@dalhousiecalgary.ca, 587-437-8217

Finance: finance@dalhousiecalgary.ca, 403-286-2555

Out of School Care: 587-437-8218

Reception/Events Booking: admin@dalhousiecalgary.ca, 403-286-2555

# Youth Drop In Basketball and Adult Drop In Volleyball

We are excited to announce that the Youth Drop In Basketball and Adult Drop In Volleyball will be back at H.D. Cartwright this Fall! We realize that in the past we have not been able to get consistent dates, however moving forward we will have a clear schedule of what dates are booked for our programs. We will have some “blackout” dates due to school – once we have confirmation on the dates, we will post them on our website and in the Digest. Hope to see you in the fall!

## Zumba

Zumba is a adult drop-in program offered at the DCA for people of all ages and abilities. Kim is a Zumba Gold instructor and has been teaching for the DCA for a number of years. To participate in Zumba, you will have to purchase a DCA (adult, family, or senior) membership to cover yourself under insurance while you participate in our program. Below are a few more details about the program:

**Cost:** \$5/drop in for a senior (60+) and \$7/drop in for an adult (18-59), plus the yearly membership (runs annually from September to August)

**Location:** DCA – downstairs in the Dance Studio

**Dates and Time:** Tues/Thurs at 9:15 a.m.- 10:15 a.m. starting Tuesday September 10th

## Senior's Cribbage

Senior's Cribbage is offered at the DCA! Cribbage starts up October 2nd, 2019 in the Sunrise Room at 1:00 p.m. Coffee is provided; however, we strongly encourage you to bring your own travel mug for environmental reason. There is a winter and spring luncheon, and a lot of fun to be had on Wednesdays between October and April. A full list of dates will be available on our website and in the next Digest.

\*Note - a DCA membership is required to participate in the cribbage. The DCA membership is to be purchased annually as it starts every September and ends every August.

# Did You Know The DCA Has A Full Grade Commercial Kitchen For Rent?

The DCA has a beautiful full grade commercial kitchen for rent! You can rent it by the day, or by the hour (for a minimum of two hours). To rent it by the day, it costs \$250 (access from 9:00 a.m. – 1:00 a.m. the next day) or \$25/hr. You are responsible for sanitizing and cleaning the kitchen – you will need to bring your own cleaning cloths, however we supply the cleaning solution, brooms and mops that you would need to clean. For more information about our equipment or to book an appointment for a viewing, email [admin@dalhousiecalgary.ca](mailto:admin@dalhousiecalgary.ca)

## Dalhousie Pathways

Hello all residents of Dalhousie! Recently, we have received feedback about the lanes and pathways running through-out our neighbourhood. Dalhousie is fortunate to have such a unique path system that connects the whole community, but with these pathways comes maintenance, safety, and boundary concerns. These pathways that run between properties can become hazardous if shrubs, bushes and trees are not properly tended to. Fences and gates are the property owners responsibility to maintain and care for, but please keep in mind, they are also there to divide public areas from private areas; if you are enjoying the pathways please stay on the paths and respect our residents yards and property.

Finally, if there are any improvements you would like to see, please share your comments and concerns with the city through 311. 311 can be reached by telephone and also through a convenient app that can pinpoint locations in the city and include a picture of whatever issue you would like to address. With each call or contact, you will be given a reference number that you can follow up with if you feel your concern has not been met.





Fountain Tire presents the:

# Dalhousie Show & Shine 2019

Open to all makes and models:

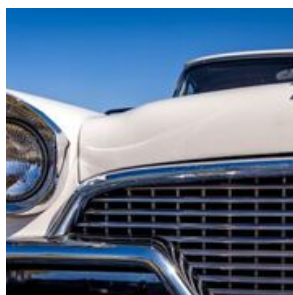
**Saturday Sept 7, 2019**

Registration 9-10am, \$10 per vehicle, Show from 10-2

On the grass behind the Dalhousie Community Association

For more info or to volunteer please email [neslo@shaw.ca](mailto:neslo@shaw.ca)

New this year will be a the First Calgary Kids Zone with activities to keep the entire family entertained!



\$5 Burger & pop,  
Raffle prizes, 50/50 draw  
All proceeds support:



## ENVIROS

**Awards for:** Best in Show (voted by the fans), Best truck pre 80 & post 80, Best Survivor, Euro Import pre 80 & post 80, Best Camaro by Generation, North American pre 60, 61-80, & 81-now.



Thanks to our sponsors!



# Welcome to Kindergarten!

Classes start at the Dalhousie Community Kindergarten with our split entry days on September 4 & 5th. We welcome our new teacher, Mrs. Kristine Scherpenisse, along with 18 families – all of whom will be quickly settling into new routines and making new friends. A Kindergarten classroom is a unique environment, bringing together children with a wonderful mix of learning styles, personalities and interests. Diversity is something that we celebrate in our community classroom, offering a wealth of learning and social development opportunities.

Children at this age arrive for school during the first weeks with heightened emotions: excitement about being with other children and all the new things they can play together, worry about whether they can meet expectations (and sometimes their own expectations for themselves are very demanding), pride in being a big school-aged kid, anxiety about what may happen at home without them (so some want to bring something special from home), determination to do the best they can, shyness at seeing new faces, and joy at meeting again with old friends! It's a lot to deal with at any age!

Teachers and parents need to understand that in this heightened state of emotional turmoil, the value of a compliment or a bit of encouragement is multiplied ten-fold. Nothing succeeds like success, and the child who thinks he or she did well at something will continue to do that "something" at least as well for months! The reverse is also true though, so at this time of year, spread liberal amounts of heartfelt praise. When you recognize what a big step it is for children to come through the classroom door and spend a significant part of their day in a big new world, it's easy to appreciate the significance of their accomplishments! This month, our class is looking forward to getting to know one another better, learning about shapes and colours, and visiting Safety City for our first field trip. Grown-ups are also very much a part of the community Kindergarten experience, with our program relying on the participation of current and alumni families alike. This year's group of parents will be offering their planning support and input through our Parent Council and as volunteers throughout the year. Other interested partners who have special hobbies, contacts and experiences to share bring invaluable learning opportunities to our classroom. Directors of our Kindergarten Society Board also provide strategic

planning and operational direction to the program. We invite anyone who may be interested in getting involved with our program to contact us. We'd love to hear from you! You can also view our website at [www.dcakids.com](http://www.dcakids.com) for program updates and contact information.

## Pickleball

We are glad that so many of you had taken the opportunity to learn the basics of pickleball at our FREE workshops that were held at the DCA this spring! Free Pickle ball clinic's, equipment available. Thurs. Sept 5, 10:00-noon, Fri Sept 6, 6:00-8:00 pm and Sun Sept 7, 2:00-4:00. Leave the remaining pickle ball info.

Are you curious as to what this "pickleball" game is? Have you noticed that there are usually people playing it every morning on the courts at the Dalhousie Community Centre as you drive by H.D. Cartwright? In short, pickleball is a paddle ball game that is a bit of a combination between tennis, ping-pong, and badminton. It is played with a short racquet than and tennis racquet, played on the same surface as a tennis match – however a smaller court size (we even have a few courts marked exclusively for pickleball!). It is played with a plastic ball with holes, much like a wiffle ball. It is a sport that is played by all ages!

If you don't have your own equipment, or would like to play with some more people, we suggest you contact the Calgary Pickleball Club at [info@calgarypickleballclub.ca](mailto:info@calgarypickleballclub.ca).

## Did You Know?

Did you know the Dalhousie Community Centre has various rooms for rent? We have rooms that can hold up to 50 people, and a large Auditorium that can hold up to 300 people! Our smaller rooms are a perfect size for a family event, birthday, baby shower, meeting and more! For more information about the rooms we have available to rent, visit [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca) for more information!

# Rent A Room At The DCA!

**D**o you have a weekly program that you are looking to host somewhere? Or perhaps a monthly meeting spot, or somewhere to get some extra dance practice in? We may have the space for you! We have a large Auditorium, three 50 person capacity rooms, and a Dance Studio. Below are our Monday-Friday time frames that we can currently book for! Email [admin@dalhousiecalgary.ca](mailto:admin@dalhousiecalgary.ca) for a rental inquiry form, or check out our website at [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca) for more details and pictures about each room!

**Mondays:** Auditorium 11:00 a.m. – 6:00 p.m., Phoenix Room 9:00 a.m. – 5:00 p.m., Sunrise Room 12:00 p.m. – 4:00 p.m., 7:00 p.m. – 9:00 p.m., Conference Room 4:00 p.m. – 9:00 p.m., and Dance Studio 9:00 a.m. – 3:00 p.m.

**Tuesdays:** Auditorium and Phoenix Room 9:00 a.m. – 9:00 p.m., Sunrise Room 9:00 a.m. – 12:00 p.m., 6:00 p.m. – 9:00 p.m., Conference Room 4:00 p.m. – 9:00 p.m., and Dance Studio 9:00 a.m. – 9:00 p.m.

**Wednesdays:** Auditorium 9:00 a.m. – 12:00 p.m., 4:00 p.m. – 7:00 p.m., Phoenix Room 1:00 p.m. – 6:00 p.m., 8:00 p.m. – 9:00 p.m., Sunrise Room 4:00 p.m. – 9:00 p.m., Conference Room 4:00 p.m. – 9:00 p.m., and Dance Studio 9:00 a.m. – 3:00 p.m.

**Thursdays:** Auditorium 9:00 a.m. – 6:00 p.m., Phoenix Room 9:00 a.m. – 5:00 p.m., 7:00 p.m. – 9:00 p.m., Sunrise Room 9:00 a.m. – 6:00 p.m., Conference Room 3:00 p.m. – 6:00 p.m., and Dance Studio 11:00 a.m. – 3:00 p.m., 7:00 p.m. – 9:00 p.m.

**Fridays:** Phoenix and Sunrise Room 9:00 a.m. – 3:00 p.m., Dance Studio 11:00 a.m. – 3:00 p.m.

Are you looking for a space to host a major event? The Dalhousie Community Centre hosts many large events throughout the year including:

- Weddings
- Family Reunions
- Birthdays
- Engagement Parties
- Communion
- Comedy Nights
- Concerts
- And More!

Email [admin@dalhousiecalgary.ca](mailto:admin@dalhousiecalgary.ca) for more information or visit our website at [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca)

## Dalhousie Comm. Assoc.

### Classifieds *To place your classified ad call the Dalhousie Community Centre at 403-286-2555*

- **-Will Do Odd Jobs:** Junk removal, small indoor / outdoor jobs, yard work, tree / hedge trimming, garden work. Need anything done or help call Warren: 403-286-4348
- **Doggie daycare in my home in Dalhousie.** Large yard for lots of fun. Days, weeks, overnights. Competitive rates and references. Call Alison at 403-803-1359 or [a.pugh@shaw.ca](mailto:a.pugh@shaw.ca)

## City of Calgary Community Clean Ups in NW Calgary 2019

Dalhousie is NOT a host location for a Community Clean Up this year, however here are the dates for City of Calgary Community Clean Ups in NW Calgary this year:

- Highland Community Park Community Centre: September 7
- Hounsfield Heights/Brier Hill Community Centre: September 15
- London Drugs – Royal Oak Centre: September 22

Please note not all Community Clean Ups start at 9:00 am.

## Dalhousie Out of School Care Programs

**D**id you know that we currently have four different Dalhousie Out Of School Care locations! We are located at the Dalhousie Community Center, West Dalhousie Gymnasium, Dalhousie Elementary Gymnasium and a Dalhousie Elementary classroom. We accept children for before and after care, or just one component as well if that is what meets your needs. All children have care on PD Days as well! For more information about how to register for Dalhousie Out of School Care, please call 403-587-8218 or come to the Dalhousie Community Centre office between the hours of 9:00 a.m.-3:00p.m. Monday-Friday. For more information on pricing, please visit our website at [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca)



# Calgary Connection

## **Volunteer Calgary:**

Visit the “Volunteer” page of [www.propellus.org](http://www.propellus.org) for volunteer opportunities in Calgary.

## **Mentor Volunteers Needed at Hull Services:**

Mentors provide our kids with encouragement and guidance in making healthy choices. They help our young people realize their strengths, see that they are important and that they matter. “When close and caring relationships are placed at the center of a youth intervention, positive and healthy development happens.” Jean E. Rhodes, PHD. Join us in helping our youth lead healthy, productive lives and contact Jacky at [jsanderson@hullservices.ca](mailto:jsanderson@hullservices.ca) or 403-238-7974 or visit [www.hullservices.ca](http://www.hullservices.ca).

## **+ 55 Connections Social Club**

Are you single and 55 years of age or over? Are you near retirement or already retired? Are you interested in expanding your social network? Meet us for coffee any Thursday at 10:30 am. Enjoy a comfortable atmosphere. Meet others who have similar interests. Find out about monthly planned activities. Please note: this is not a matchmaking service. For more information. Call Sylvia at 403 281 0667 or Joan at 403-242-7793

## **Youth Employment Centre**

Do you know someone aged 15-24 who is looking for work? The City of Calgary’s Youth Employment Centre (YEC) offers year-round services and resources to help youth, secure employment and take the first step in their career. Youth who need support with their job search or career development are encouraged to drop by the office at 315 - 10 Avenue S.E. or visit [youthemploymentcentre.ca](http://youthemploymentcentre.ca).

## **Women’s English & Social Group**

Improve your English and meet new women at a New

Friends and Neighbourhood Group. We have 16 group locations in the city. Groups meet once a week for 2 hours to practice English, make friends and have fun! No cost, no immigration requirements and no minimum English. Free childcare provided for children 6 months to 6 years old. Visit [www.ciwa-online.com](http://www.ciwa-online.com) or contact Debra Colley at [debrac@ciwa-online.com](mailto:debrac@ciwa-online.com) or 403-444-1752

## **Reach new heights with The City’s climbing walls:**

Reach new heights with The City of Calgary’s affordable, supervised, drop-in climbing for all ages and levels. Never climbed before? Sign up for a free belay orientation session at Beltline Aquatic & Fitness Centre (outdoor – weather permitting) and Southland Leisure Centre (indoor) to help you get started. Visit [calgary.ca/climbing](http://calgary.ca/climbing) to learn more.

## **Mobile Adventure Playgrounds: a different way to play!**

The City of Calgary hosts free outdoor Mobile Adventure Playgrounds in various locations for children to explore, create, imagine and learn in their own way. They contain a variety of materials and loose parts such as boards, tires, tape and cardboard that children are free to use to build, demolish, assemble and change their environments as they desire. Onsite play ambassadors are there to inspire play and keep the playground safe, but not directly supervise the children. Parents are encouraged to stay and watch their children play and see how their imaginations soar in this ever-changing adventure space. Locations and dates available at [calgary.ca/play](http://calgary.ca/play).

## **City-Wide Food Drive**

Saturday, September 14, 2019, 10 a.m. to 2 p.m.  
Join the Calgary Food Bank for the city’s largest one-day food drive and make a difference for a family this fall. Watch for donation bags on your doorstep! For information on the City-Wide Food Drive and the most needed items, visit [www.calgaryfoodbank.com](http://www.calgaryfoodbank.com)



# Calgary Public Library

## Free Bookable Meeting Rooms at 20 Libraries

Upgrade your meetings with more than 60 bookable rooms at 20 libraries, plus audio, video, and post-production studios at Central Library. At Nicholls Family Library, Rowena Liu-Poon uses a free meeting room to teach a free tai chi class. “I can share my interests, I can pass on what I’ve learned about tai chi to my students, and hopefully I am able to make a contribution,” Rowena says. “It’s a great way for me to stay connected with the community in my retirement years.” Learn more about Rowena and the Library’s free meeting rooms at [calgarylibrary.ca](http://calgarylibrary.ca).



## Check Out Our New Website

If you’ve visited our website recently, you will have noticed a big change. The Library’s new website launched in July. Features include a clean, intuitive

design; enhanced eResources section; expanded pages for each location to make planning your visit easier; and a responsive design that works whether you’re visiting us on your phone, tablet, or desktop computer. Head to [calgarylibrary.ca](http://calgarylibrary.ca) to see the site for yourself.

## Fall Programs for Everyone at Calgary Public Library

Calgary Public Library offers hundreds of free in-person programs for families, kids, teens, newcomers, small business owners, job seekers, and anyone looking for enrichment. See everything we offer at [calgarylibrary.ca/programs](http://calgarylibrary.ca/programs). From Career Coaching and Settlement Services to Baby’s Big Playdate, Drop-in Family Storytimes, and a 50+ Lecture Series, there is truly something for everybody. Plus check out new programs, including Babies Go Boo!, a Creative Writing Club for kids, and Yoga at Central Library.



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| BACKPACK  | PENCIL     |
| BOOKS     | PLAYGROUND |
| CLASSROOM | PRINCIPAL  |
| COMPUTERS | READING    |
| CRAYONS   | RECESS     |
| DESK      | SCHEDULE   |
| FRIENDS   | SCHOOL     |
| GLUE      | SCIENCE    |
| HOMEWORK  | SCISSORS   |
| LUNCH     | STUDENT    |
| PAPER     | TEACHER    |

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# Back to School Safety

It's back to school time! A new school year often brings more congestion in playground zones, distraction, and more pedestrians than we have become accustomed to during the summer months.

Here are three tips to keep in mind when driving or walking in playground zones this September and all year round:

### 1. Follow the speed limit:

First and foremost, follow the posted speed limit of 30 km/h. Playground time zones are between the hours of 7:30 a.m. – 9:00 p.m., 7 days a week, year-round. A collision with a pedestrian at 30 km/h is more likely to end in injury rather than a possible fatality going at the residential speed of 50 km/h.

**2. Stop and look both ways:** We want to set good examples for young pedestrians. Stop, and look both ways. It's always good practice to look one more time to the left and then walk across the street between the cross-walk lines. Attempt to make yourself as visible as possible. These are all good habits to practice and to role model.

**3. Follow directions:** Whether you are driving, walking or biking, listen and watch for directions from school safety patrollers. Follow the direction of signals, signs, and the specific rules that the school has implemented. These directions are for your safety and others and are there to help reduce congestion and risks.

By exercising caution and care, we can make our communities safer! For more resources, check out our website at [calgarycommunities.com](http://calgarycommunities.com)

*A message from the Federation of Calgary Communities*

## DID YOU KNOW??

The opposite sides of a die always adds up to 7.



# Take Your Chemicals to a Household Hazardous Waste Drop-off

Doing some garage cleaning this month? Safely dispose of any leftover chemicals, paint, oil and propane tanks at a household hazardous waste drop-off. These items don't belong in any of your carts where it could harm your collector, staff at a processing facility or the environment.

**TIP:** If the item has a hazard symbol on it like poisonous, flammable etc. it needs to be taken to a designated fire station or City landfill for safe disposal.



### Before you drop off your hazardous waste:

- Keep chemicals in the original container.
- If you need to move it to a new container, make sure to package your chemicals in a leak-proof container and clearly label the container.
- Do not mix different products together.
- Make sure lids are on tight.

For a full list of acceptable items and drop-off locations, visit [calgary.ca/hhw](http://calgary.ca/hhw)

*City of Calgary*

# Help Wanted!

Do you have a special skill that you could share with our Out of School Care program children? Do you have a rock or fossil collection, do you knit, embroider, baker, sew or are you a word carver? We have over one hundred young inquisitive minds that would love to see your hobby and learn new things. We are also looking for a volunteer that would sew dress-up pieces of clothing (aprons, caps, sashes and tunics that the children can use in the dramatic play area? All fabric's, ribbons, patterns etc. are supplied.

Email [gm@dalhousiecalgary.ca](mailto:gm@dalhousiecalgary.ca) or call Marsha at 587-437-8217

D A L H O U S I E C O M M U N I T Y  
A S S O C I A T I O N

**GARAGE  
AND  
PARKING  
LOT  
SALE!**

SEPTEMBER 14 & 15

Garage Sale: \$10

*\*Adjust your own sale hours\*Registration for DCA  
residents only!*

Parking Lot Sale: \$10 for both days, \$5 for one day

*\*Sale Hours: 10:00 a.m. - 4:00 p.m.\*Registration open to  
anyone!*

Register @ DCA August 6th - September 11

D A L H O U S I E C A L G A R Y . C A / 4 0 3 . 2 8 6 . 2 5 5 5