

# *The Dalhousie Digest*

5432 Dalhart Rd NW T3A 1V6 403-286-2555 admin@dalhousiecalgary.ca

www.dalhousiecalgary.ca

*Happy  
Halloween*

**Dalhousie Christmas Artisan Fair**  
**Saturday, November 23**  
**10:00 a.m. – 3:00 p.m.**

**Check our website at [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca) for Community Center programs and services, general community information and more.**



## Executive Directors

President, ..... Vacant  
 Vice President, Ron Cornish ..... 403-247-2575  
 Vice President, Lesley Bloxham.....  
 Treasurer, Nancy Mosher ..... nancymoshercma@gmail.com  
 Secretary, Jonathon Maynard..... jgmaynard@gmail.com

## Elected Directors

Christine Wutzke ..... 403-286-5288  
 James Fong ..... jameshowfong@gmail.com  
 Sunny Wang..... sunny.wang@stantec.com  
 Petro Babak..... petro@ualberta.ca

## Group Representatives

Dalhousie Out of School Care (DOSC) ..... 587-437-8218  
 Dalhousie Soccer ..... Office, www.dalhousiecalgary.ca  
 Guiding..... Guide Centre, 403-283-8348  
 Kindergarten & Junior Kindergarten ..... www.dcakids.com, 403-288-1050  
 Playschool ..... 403-286-2339  
 Scouting..... Maurice, 403-286-0459, maurice\_shevalier@shaw.ca

## Elected Representatives

Councillor..... Sean Chu, 403-268-3727  
 MLA..... Prasad Panda, 403-288-4453, Calgary.Edgemont@assembly.ab.ca  
 MP ..... Len Webber, Len.Webber@parl.gc.ca

The next board meeting will be  
 Tuesday, October 8 at 7:00 p.m. at  
 the Dalhousie Community Centre.  
 All Dalhousie residents  
 are welcome to attend.

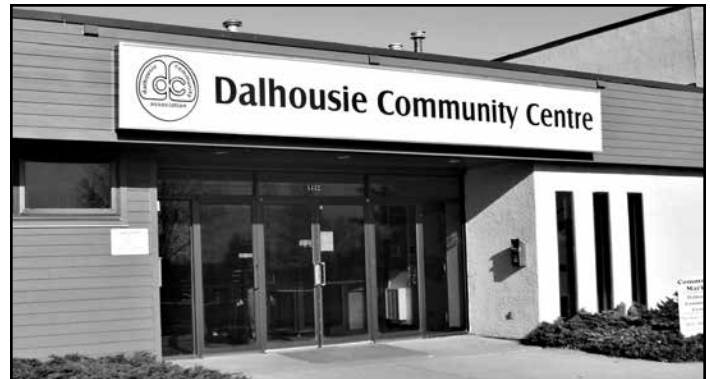
## In Our Community

# Dalhousie Community Association Board Recruitment

The Dalhousie Community Association is looking for community-minded residents to join us on our Board of Directors.

If you have ever been interested in being part of the decision-making process for growth and development, activities and events, and the overall functions of our neighborhood, now is your chance to join.

The Board of Directors is a group of residents who volunteer their time and contribute their ideas, knowledge, and experience to all the inner workings of our community association. If you are passionate about your neighborhood and have 2 hours to come to our monthly meeting, this is the perfect opportunity to give back and get some valuable volunteer experience.



## Fall Community Office Hours

Monday – Thursday 9:00 a.m.–9:00 p.m.

Friday 9:00 a.m.–3:00 p.m.

Saturday 9:00 a.m. – 4:00 p.m.

Sunday 9:00 a.m. – 12:00 p.m.

The centre will be closed if there are no programs or events over the fall months. Call the centre for current office hours.

\*If you are looking to speak to someone about a potential booking or to view a room, please email admin@dalhousiecalgary.ca or call 403-286-2555 to make an appointment!

## Community Office Staff

General Manager: Marsha, gm@dalhousiecalgary.ca, 587-437-8217

Finance: finance@dalhousiecalgary.ca, 403-286-2555

Out of School Care: 587-437-8218

Reception/Events Booking: admin@dalhousiecalgary.ca, 403-286-2555



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www.SuburbanJournals.ca



# Thank You!

We'd like to thank Cindy for her tremendous involvement in the DCA during her time here with us. She jumped right into the deep end after she joined last year getting heavily involved in our bi-annual casino fund raiser. And then took a deeper plunge in the role of President. Her passion and energy in this role had a tremendous effect helping to attract many new and talented board members, some already on the executive. She was heavily involved in transitioning the DOSC leadership and has steadied our course going forward. Thank you so much Cindy! Your smile, energy & enthusiasm in all areas, encouragement & understanding, patience, exceptional communication and interpersonal skills were greatly appreciated in this very important position. You always listened to all sides and helped bring about the best outcome! We will miss you and your smile at our Board meetings, and we will miss you as our President. But I know all these skills will be highly valued in your new career opportunity (as a superhero!) We wish you and your family all the best through this transition! And welcome you back enthusiastically should you have the opportunity and time to return to the DCA in any capacity.



# Did You Know The DCA Has A Full Grade Commercial Kitchen For Rent?

The DCA has a beautiful full grade commercial kitchen for rent! You can rent it by the day, or by the hour (for a minimum of two hours). To rent it by the day, it costs \$250 (access from 9:00 a.m. – 1:00 a.m. the next day) or \$25/hr. You are responsible for sanitizing and cleaning the kitchen – you will need to bring your own cleaning cloths, however we supply the cleaning solution, brooms and mops that you would need to clean. For more information about our equipment or to book an appointment for a viewing, email [admin@dalhousiecalgary.ca](mailto:admin@dalhousiecalgary.ca)

# Senior's Cribbage

Senior's Cribbage is offered at the DCA! Cribbage starts up October 2nd, 2019 in the Sunrise Room at 1:00 p.m. Coffee is provided; however, we strongly encourage you to bring your own travel mug for environmental reason. There is a winter and spring luncheon, and a lot of fun to be had on Wednesdays between October and April. A full list of dates will be available on our website and in the next Digest.

\*Note - a DCA membership is required to participate in the cribbage. The DCA membership is to be purchase annually as it starts every September and ends every August.

# Dalhousie Pathways

Hello all residents of Dalhousie! Recently, we have received feedback about the lanes and pathways running through-out our neighbourhood. Dalhousie is fortunate to have such a unique path system that connects the whole community, but with these pathways comes maintenance, safety, and boundary concerns. These pathways that run between properties can become hazardous if shrubs, bushes and trees are not properly tended to. Fences and gates are the property owners responsibility to maintain and care for, but please keep in mind, they are also there to divide public areas from private areas; if you are enjoying the pathways please stay on the paths and respect our residents yards and property.

Finally, if there are any improvements you would like to see, please share your comments and concerns with the city through 311. 311 can be reached by telephone and also through a convenient app that can pinpoint locations in the city and include a picture of whatever issue you would like to address. With each call or contact, you will be given a reference number that you can follow up with if you feel your concern has not been met.

## DID YOU KNOW??

Jack O'Lanterns were first made from turnips.





# DALHOUSIE SHOW & SHINE 2019



## A great big THANK YOU!

A special thanks to everyone who attended, volunteered for and participated in this years Show & Shine. We had over 125 vehicles in attendance, sold 280 hamburgers and 100 slices of pizza which helped raise over \$6,000 for the charity of choice,

The Kids Zone was a huge success, look for more kids activities at next years Show!



Award Winners: Crowd Favourite: Aaron 1959 Ford Skyliner, Crowd Favourite Runner Up: Linda 2013 Dodge Challenger, Best Survivor: Dave 1969 Coronet R/T, Pre 1950: Brian 1937 Old Sedan, 1950's: Graham 1954 Dodge Mayfair & Trailer, 1960's: Russ 1965 Fastback Mustang K Code, 1970's: Ron 1971 Dodge Challenger, 1980's: Doug 1981 GMC, 1990's: Aaron 1998 Indy Corvette Pace Car, 2000's: Perry 2002 PT Cruiser, 2010's: Kyle 2013 Hyundai Veloster Turbo



We would also like to thank all of this years sponsors!  
Without their support the Show could not go on.



**Earls**



Calgary Flames



*Sassy Spoon Jewelry*





Fun for the entire family! Pictures courtesy Phil Spate



# Kindergarten: Play Based Learning In Action!

As we move into the month of October, Dalhousie Community Kindergarten students have settled into their classroom routines and our families have made many new friends! We have a full class of 18 learners, and our first nervous days of school are now behind us. We've been learning about each other and building our little classroom community. At the end of the month we took our first field trip to Safety City and gathered with our families for Pizza night.

We have lots of learning ahead of us in the coming months! October will see us exploring things that happen around us this time of year, with autumn, thanksgiving and finally, Halloween. Our program follows the curriculum set out by Alberta Education, and we pride ourselves on being a play-based program that seeks to foster and develop a life long love of learning. We maintain a strong focus on developing literacy, science and math skills, as well as our sense of community and development of self esteem, communication skills, independence and good citizenship. Within our play centres, our students discover new things, broaden their perspectives, deepen their understanding, and learn from one another. Every day is an adventure with hands on activities and challenges. And while it may look like pure fun, make no mistake - activities are purposeful and intentionally designed to combine opportunities for the development of many skills and concepts.

You can follow our adventures on our twitter account @DalhousieKids or visit our website at [www.DalhousieKids.ca](http://www.DalhousieKids.ca). We welcome inquiries about our program throughout the year. If you have something unique to share with us, we'd love to hear from you! Call us at (403) 288-1050. We are a fun group to spend time with, and we appreciate the chance to meet our neighbours and learn from other people's hobbies, skills, knowledge and interesting experiences.

## DID YOU KNOW??

Halloween is the second highest grossing commercial holiday after Christmas.



# Thank You

A HUGE thank you to everyone that registered, and to those that came out to shop for our Parade of Garage Sales and Parking Lot Sale! The weather was awesome, and it was great to see so many familiar faces out in the community. This was the first year of the Parking Lot sale aspect of the Parade of Garage Sales, and it went over well! We encourage you to fill out the survey for this year's sale to help evaluate the event for the future – all feedback is appreciated! Survey will be available at [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca)

## Rooms to Rent

Did you know the Dalhousie Community Centre has various rooms for rent? We have rooms that can hold up to 50 people, and a large Auditorium that can hold up to 300 people! Our smaller rooms are a perfect size for a family event, birthday, baby shower, meeting and more! For more information about the rooms we have available to rent, visit [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca) for more information!

# It's Time to Give Back

## Food Bank Drive

Nov. 1 – Dec. 20, 2019

DCA is accepting non-perishable food items to be donated to the Calgary Food Bank Drive.

For more information visit:

<https://www.calgaryfoodbank.com>

## Santa's Helpers Toy Drive

Nov. 12 – Dec. 20, 2019

DCA is accepting all toy donations for Inn from the Cold. We encourage toy donations such as Lego, board games, non-violent toys and games, dolls, etc.

For more information visit:

[www.innfromthecold.org](http://www.innfromthecold.org)



# The Cougar

The Cougar, Alberta's biggest cat, can be found in wild areas along the full length of western North America, and Mexico, Central America and South America. Adult males can weigh up to 90 kg while females average 45 kg. Adults are well camouflaged with tawny to grey-brown fur and black tips on their tails and backs of their ears. Their heads are small and round and their eyes are brown with large pupils.

## Fun Facts:

- Despite their wide distribution, Cougars are seldom spotted by humans.
- Cougars are apex predators and are excellent hunters.
  - ♦ Cougars have a killing bite with sharp teeth to tear off chunks of meat and a rough tongue to clean traces of meat off their prey's bones.
  - ♦ Their hind legs are longer than their front ones to give better spring to pounce of their prey, their claws are razor sharp for bringing down their prey and climbing trees, and their skeletons bend easily for jumping, stretching and twisting.
  - ♦ These cats have an excellent sense of smell and their large pupils help them see their prey in dim light.
  - ♦ Cougars are hunt and wait predators meaning they watch their prey silently in trees or rocks and pounce when their prey is feeding.
  - ♦ Cougars hunt moose, elk, caribou and deer.
- Cougars are solitary animals unless they are with their young.
- When a female is ready to give birth, she finds a den in rock piles, caves or under a deep brush of fallen trees.
  - ♦ Cougars will occasionally use human built structures such as doghouses, sheds or hunting cabins for their dens.
- Cubs develop their hunting skills by hunting at their



Photo courtesy of Pixabay

mother's side and stay with their mother until they can hunt for themselves which is typically between 13 and 24 months.

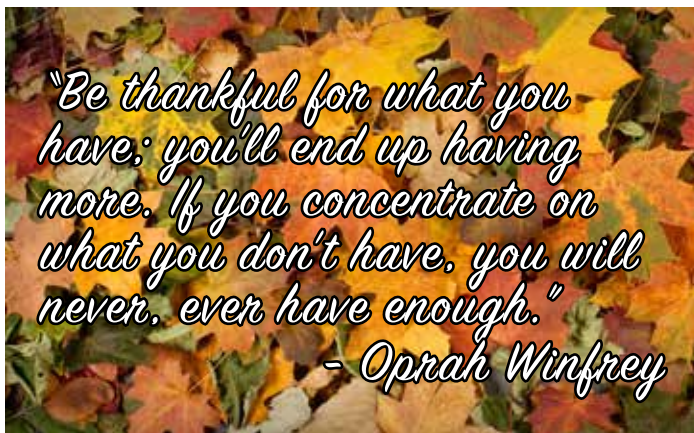
If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more information.

J.G. Turner, CWRS

## Origins of Thanksgiving

Many thanksgivings were held following noteworthy events during the 18th century. Refugees fleeing the civil war in the United States brought the custom of an annual thanksgiving festival to Canada. From 1879, Thanksgiving Day was held every year but the date varied and there was a special theme each year. The theme was the "Blessings of an abundant harvest" for many years. However, Queen Victoria's golden and diamond jubilees and King Edward VII's coronation formed the theme in later years.

[www.timeanddate.com](http://www.timeanddate.com)



# Calgary Public Library

## Historian, Author, and Artist in Residence

Numerous residences are underway at Central Library — come meet our newest experts! Historian in Residence Jessie Ray Short’s cross-disciplinary practice involves memory, visual culture, and the exploration of her Métis family. This program is presented in partnership with Calgary Heritage Authority. Our new Author in Residence, award-winning writer Jaspreet Singh, can review manuscripts and meet with anyone who has questions about writing, reading, publishing, and the life of an author. Central Library also hosts three artist residences throughout the year. Learn about upcoming events and programs with our residents at [calgarylibrary.ca/arts-and-culture](http://calgarylibrary.ca/arts-and-culture).



full of today’s hottest reads. You won’t need to wait in a holds line to get your hands on these titles. Find books like *The Friend* by Sigrid Nuriel, *Golden Boy of Crime* by Jim Brown, *Watching You* by Lisa Jewell, *Moccasin Square Gardens* by Richard Van Camp, *Lands of Lost Borders* by Kate Harris, plus many more. Our NEW! displays are regularly updated, so be sure to check back often for fresh finds.

## You Need to Know About our Back to School Resources

Calgary Public Library has students of all ages covered this fall. The Library offers a variety of free schoolwork help, including online and in-person programs and resources. From a free online tutoring service aligned with the Alberta curriculum, called brainfuse HelpNow, to drop-in programs for help with writing or math assignments, there’s something for everybody. All you need is your free Library card! Learn more about our many free eResources and programs for students at [calgarylibrary.ca/library-news](http://calgarylibrary.ca/library-news).

## Check Out Our New Books

Visit your local Library and check out the NEW! displays

- |           |          |
|-----------|----------|
| APPLES    | MUMMY    |
| BATS      | OCTOBER  |
| BLACK     | ORANGE   |
| CANDY     | PUMPKINS |
| COSTUMES  | SCARY    |
| GHOST     | SKELETON |
| GOBLIN    | SPIDERS  |
| HALLOWEEN | SPOOKY   |
| HAUNTED   | TREAT    |
| MONSTERS  | TRICK    |
| MOON      | WITCH    |



Y K I N H A H Y M N H N Z N B K U U  
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## Halloween Trick-or-Treating Tips

Halloween can be a fun and exciting event for kids (and adults)! Below are some informative tips to increase neighbourhood safety on October 31.

### Residents:

- Turn on outdoor lights and replace burnt-out bulbs.
- Clear a path from the road to your front door and remove any potential obstacles or tripping hazards.
- Keep your pets safe. Keep pets indoors and away from the unfamiliar (and spooky) guests at the front door.
- Beware of potential food allergies; consider alternative goodies.
- If you're driving be cautious of Goblins, Ghouls and Ghosts out and about in your neighbourhood.

### Parents:

- Costumes should be short enough to avoid tripping; and be light coloured in order to be easily seen at night. Having your child wear reflective tape will also help them be better seen by drivers.
- Use non-toxic makeup to complete costumes instead of masks as masks can reduce visibility for your child.
- Create an easy to follow route with your children and teenagers.
- Travel in groups of three or four. Young children should be accompanied by a responsible adult.
- Practice crosswalk safety. Make your way up one side of the street and cross to the other side looking both ways, don't criss-cross back and forth.
- Double-check you child's goodie bags to ensure everything is safe to eat.

### Remember:

Connect with neighbours! Halloween is a great time to familiarize and engage with your community!

*A message from the Federation of Calgary Communities*



## Recycle Your Electronics the Right Way

Recycle old and broken electronics for free by taking to an electronics drop-off location. To find a drop-off location near you, visit [calgary.ca/electronics](http://calgary.ca/electronics).

### Electronics include:

- Cell phones
- Computers and computer accessories like monitors, keyboards, and cables
- Printers
- Televisions
- CD and DVD players
- Digital cameras



Do not put electronics in your blue cart.

*City of Calgary*

## Joke Corner



- Q. How do vampires start their letters?**  
A. "Tomb it may concern..."
- Q. Are Halloween monsters good at math?**  
A. Not unless you Count Dracula
- Q. What do owls say when they go trick or treating?**  
A. Happy Owl-ween
- Q. Why did the skeleton go to the prom alone?**  
A. Because he couldn't find any "body" to go with.
- Q. Why do ghosts hate rain?**  
A. Because it dampens their spirits

# Rent A Room At The DCA!

Do you have a weekly program that you are looking to host somewhere? Or perhaps a monthly meeting spot, or somewhere to get some extra dance practice in? We may have the space for you! We have a large Auditorium, three 50 person capacity rooms, and a Dance Studio. Below are our Monday-Friday time frames that we can currently book for! Email [admin@dalhousiecalgary.ca](mailto:admin@dalhousiecalgary.ca) for a rental inquiry form, or check out our website at [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca) for more details and pictures about each room!

**Mondays:** Auditorium 11:00 a.m. – 6:00 p.m., Phoenix Room 9:00 a.m. – 5:00 p.m., Sunrise Room 12:00 p.m. – 4:00 p.m., 7:00 p.m. – 9:00 p.m., Conference Room 4:00 p.m. – 9:00 p.m., and Dance Studio 9:00 a.m. – 3:00 p.m.

**Tuesdays:** Auditorium and Phoenix Room 9:00 a.m. – 9:00 p.m., Sunrise Room 9:00 a.m. – 12:00 p.m., 6:00 p.m. – 9:00 p.m., Conference Room 4:00 p.m. – 9:00 p.m., and Dance Studio 9:00 a.m. – 9:00 p.m.

**Wednesdays:** Auditorium 9:00 a.m. – 12:00 p.m., 4:00 p.m. – 7:00 p.m., Phoenix Room 1:00 p.m. – 6:00 p.m., 8:00 p.m. – 9:00 p.m., Sunrise Room 4:00 p.m. – 9:00 p.m., Conference Room 4:00 p.m. – 9:00 p.m., and Dance Studio 9:00 a.m. – 3:00 p.m.

**Thursdays:** Auditorium 9:00 a.m. – 6:00 p.m., Phoenix Room 9:00 a.m. – 5:00 p.m., 7:00 p.m. – 9:00 p.m., Sunrise Room 9:00 a.m. – 6:00 p.m., Conference Room 3:00 p.m. – 6:00 p.m., and Dance Studio 11:00 a.m. – 3:00 p.m., 7:00 p.m. – 9:00 p.m.

**Fridays:** Phoenix and Sunrise Room 9:00 a.m. – 3:00 p.m., Dance Studio 11:00 a.m. – 3:00 p.m.

Are you looking for a space to host a major event? The Dalhousie Community Centre hosts many large events throughout the year including:

- Weddings
- Family Reunions
- Birthdays
- Engagement Parties
- Communions
- Comedy Nights
- Concerts
- And More!

Email [admin@dalhousiecalgary.ca](mailto:admin@dalhousiecalgary.ca) for more information or visit our website at [www.dalhousiecalgary.ca](http://www.dalhousiecalgary.ca)

## Dalhousie Comm. Assoc.

# Classifieds

To place your classified ad call the Dalhousie Community Centre at 403-286-2555

- **Will Do Odd Jobs:** Junk removal, small indoor / outdoor jobs, yard work, tree / hedge trimming, garden work. Need anything done or help call Warren: 403-286-4348
- **Doggie daycare in my home in Dalhousie.** Large yard for lots of fun. Days, weeks, overnights. Competitive rates and references. Call Alison 403-803-1359 or [a.pugh@shaw.ca](mailto:a.pugh@shaw.ca)
- **Fall Cleanup/Snow Shoveling - Yard Care** \$20-\$25/ Cleaning eavestroughs from \$60. Snow Shoveling from \$100/month (vacation coverage available). Call/text Derek at 403-8264169 or [clbstew63220@gmail.com](mailto:clbstew63220@gmail.com)
- **Calgary Toy Show & Sale:** Don't miss the new collectible toy show at the Dalhousie Community Centre on Saturday October 26th from 10am-2pm. Family friendly and perfect for kids of all ages! Full details at [www.calgarytoyshow.com](http://www.calgarytoyshow.com) or email [calgarytoyshow@gmail.com](mailto:calgarytoyshow@gmail.com) to book a table
- **Rental of a secure parking pad** for 22 foot class c motorhome needed. please call 403-286-8533

## Dalhousie Christmas Artisan Fair

Saturday, November 23

10 a.m. – 3:00 p.m.

Free and lots of parking





# Get Your Influenza Immunization: Why Chance it?

With autumn comes a few certainties: first frost, Thanksgiving, changing leaves... and influenza. Influenza – often called the “flu” – is unfortunately also often confused with stomach illnesses and common colds.



The reality is that influenza is of far greater risk to our communities than the common cold and stomach flu. As a severe respiratory illness that impacts the nose, throat, and lungs, influenza is a virus that doesn't discriminate. Though children less than 23 months, seniors, and those with compromised immune systems are at greatest risk, no matter how healthy you think you are: if you aren't immunized each season, you are at risk for influenza.

Simply put: good health isn't contagious, but influenza is. And chances are, your friends, colleagues and family members don't want influenza any more than you do.

To protect yourself, and others, this season: please, get immunized. Influenza vaccine will be available, free of charge, starting in October. All Albertans, six months of age and older, are eligible – and recommended – for immunization.

Just as with other immunizations, the influenza vaccine is your best protection against disease. Each year, the influenza vaccine is developed to protect us against the strains of virus likely to circulate in our community, over the next six months. You can't rely on last season's immunization to protect you this season.

Available at hundreds of AHS clinics around Alberta, and through many pharmacists and family physicians as well, influenza vaccine is easily accessible.

Last season, more than 3,900 cases of influenza were confirmed in Alberta, and more than 100 Albertans passed away with the virus. This season, don't become a statistic. The vaccine is safe. Influenza is not. Why chance it?

To learn more about influenza, and to look-up your local clinic schedules, visit [www.albertahealthservices.ca/influenza](http://www.albertahealthservices.ca/influenza).

*Alberta Health Services*

# Youth Drop In Basketball and Adult Drop In Volleyball

We are excited to announce that the Youth Drop In Basketball and Adult Drop In Volleyball will be back at H.D. Cartwright this Fall! We realize that in the past we have not been able to get consistent dates, however moving forward we will have a clear schedule of what dates are booked for our programs. We will have some “blackout” dates due to school – once we have confirmation on the dates, we will post them on our website and in the Digest. Hope to see you in the fall!

## Zumba

Zumba is a adult drop-in program offered at the DCA for people of all ages and abilities. Kim is a Zumba Gold instructor and has been teaching for the DCA for a number of years. To participate in Zumba, you will have to purchase a DCA (adult, family, or senior) membership to cover yourself under insurance while you participate in our program. Below are a few more details about the program:

**Cost:** \$5/drop in for a senior (60+) and \$7/drop in for an adult (18-59), plus the yearly membership (runs annually from September to August)

**Location:** DCA – downstairs in the Dance Studio

**Dates and Time:** Tues/Thurs at 9:15 a.m.- 10:15 a.m. starting Tuesday September 10th

## Help Wanted!

Do you have a special skill that you could share with our Out of School Care program children? Do you have a rock or fossil collection, do you knit, embroider, baker, sew or are you a word carver? We have over one hundred young inquisitive minds that would love to see your hobby and learn new things. We are also looking for a volunteer that would sew dress-up pieces of clothing (aprons, caps, sashes and tunics that the children can use in the dramatic play area? All fabric's, ribbons, patterns etc. are supplied.

Email [gm@dalhousiecalgary.ca](mailto:gm@dalhousiecalgary.ca) or call Marsha at 587-437-8217