

Senior 55+ & AISH Tax Clinic



Tuesdays, March 4 - April 29
9:00am - 3:30pm

Age 55+ or AISH (age no bar) and Single (Income less the \$35,000) or Couple (married or common law, combined income below \$50,000).

[Book Appointment](#)

Gut Health Workshop Series



Workshop 1 - FREE
Gut Health 101
 March 11 from 7-8 PM At the DCA

Workshop 2 - \$25
Gut Health & Metabolism
 March 19 from 7-8 PM At the DCA

Workshop 1 - \$25
Gut Health & Hormones
 April 2 from 7-8 PM Virtual on Zoom

[Info & Register](#)



Spring Farmers' Market

Saturday, April 12 - 10am to 3pm

The Spring Market will feature over 28 vendors offering Alberta made, baked, grown, raised, and crafted goods.



Music Theatre Summer Day Camp: ROBIN HOOD

Join us for a week of fun in Nottingham with Robin Hood and his Merry Band!

- July 21-25: 9:30 am - 3:00 pm
- Ages 6-14. Only \$185

[Register for Camp](#)

Ice Rink is OPEN



Enjoy the ice rink behind the Dalhousie Community Association.

Spill the Beans: Learn How to Reduce Food Waste & Compost



April 24 at 7:00 PM - FREE

Discover practical tips to reduce food waste, save on groceries, & plan meals effectively. Learn about sourcing local produce & home composting with vermicomposting worms.

- Every household that attends gets a bag of worm compost.

[Register for Workshop](#)

Dalhousie Spring Soccer



Dalhousie U3 to U9 Spring Outdoor Soccer Registration is OPEN!

Get ready for an exciting spring season! Dalhousie Soccer offered by SoccerTech, is now accepting registrations for U3 to U9 players.

[Soccer Registration](#)

Stampede BBQ Committee - Volunteers NEEDED!



The DCA is looking for volunteers to help plan and organize the Stampede BBQ on Thursday, July 10.



Stay tuned for Tennis and Pickleball lessons opening soon!



Dalhousie Community Pantry

Do not to donate items in glass bottles or cans during the colder months to prevent freezing.

Consider donating non-perishable items like rice, spices, diapers, crackers, dry beans, cake mixes, baking goods, etc. If you have canned items to share, please post them on the buy nothing group.

[Located in East Dalhousie - MAP](#)

[Dalhousie Pantry Info](#)



Soul Story

Explore your Voice with our Celtic Choir - Alison Demeter

Thursdays 10:30 a.m. - 12 p.m.
Jan. 9 to March 20 - Winter Session 2025
April 3 to June 12 - Spring Session 2025

The Perfectly Imperfects - Alison Demeter

Mondays 11 a.m. - 1:15 p.m.
Jan. 6 to March 17 - Winter Session 2025
March 24 to June 16 - Spring Session 2025

[Contact Soul Story](#)

We need assistance with:

- Recruiting volunteers for the event,
- Organizing entertainment,
- Leading the kitchen on party day,
- Planning the menu,
- Purchasing food & beverages,
- Ensuring we meet all health & safety regulations

The organizing team will have 3-4 meetings leading up to the event. Questions? Please email gm@dalhousiecalgary.ca.

[Stampede BBQ Committee](#)

Preschool & Out of School Care



Registration is OPEN for Before and After School Care for children in Kindergarten through to Grade Six.

Preschool Registration is OPEN to all children ages 3 and 4.

[Out of School Care](#)

[Dalhousie Community Preschool](#)

Dalhousie Community Kindergarten



Registration is OPEN for children who will be attending kindergarten or junior kindergarten in September 2025.

[Kindergarten Registration](#)



Art of Living

Join us for the Art of Living Part 1 Course

Facilitator: Pankaj Trivedi

Dates: 21st to 23rd February

- Friday: 6:00 PM to 9:00 PM
- Saturday & Sunday: 10:30 AM to 1:30 PM

Experience the Power of Breath and Meditation:

- Learn Sudarshan Kriya breathing
- Reduce stress & boost mental clarity
- Enhance well-being & inner peace
- Gain tools for a healthier, happier life

[Reserve Your Spot](#)



Dalhousie Community Garden & Food Forest

Volunteer With Us!

We are seeking new volunteer members to join our team, which meets virtually every other Thursday at 7:30 pm.

[Garden Volunteer](#)

Our team has been working hard to apply for grants in order to raise the funds needed to establish the Community Garden and Food Forest. We have been awarded several grants last spring & summer but we require additional funds to begin the construction phase.

[Donate to the Garden](#)

Stay tuned for our Gardening in Calgary Series for 2025. Registration opens soon!



Jazz Night at the DCA

May 2, 2025 - Music starts at 8pm

The Jazz-niks play tunes from Duke Ellington and Count Basie to Santana, Adele, and hits popularized by Michael Buble.

Tickets are \$25 in advance. \$30 at the door. Cash bar and food trucks.

[Jazz Night Tickets](#)

Spring Into Summer Market

May 24, 2025 - 10am - 3pm

Shop local made, baked, grown, raised and crafted products from over 28 Alberta Vendors. Vendor features start in early May on dalhousie.farmersmarket.yyc social media.

[Interested in being a vendor at the Farmers' Market?](#)

Future Events and Programs

Dalhousie 50+ Living Well Expo

June 7, 2025
9am-3pm

Summer Farmers Market

June 12 - September 18
3:30-7:30pm

Repair Exchange at the DCA

June 12
3:30-7:30pm

DCA Paper Shredding Event

June 12
3:30-7:30pm
Alongside the Farmers Market

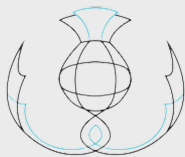
Hip Replacements Concert

June 14 - 7pm
Stay tuned for tickets sales opening in the Spring!

Gardening in Calgary Series

We are offering a new series of gardening classes with Janet Melrose. Registration opens soon.

Business Features



CAMPBELL SCHOOL OF HIGHLAND DANCE



Partner Programs at the Dalhousie Community Centre

The DCA offers many partner programs such as fitness classes (Dance, Yoga, Karate, Zumba & Tai Chi), music (choir and learn to sing), painting,

[Partner Programs](#)

hobby/craft clubs, Weight Watchers, Girl Guides, Intro to 4-H, Mommy Connections, and concerts every 2nd Friday with the Calgary Folk Club.



[Website](#) | [Contact Us](#) | [FAQs](#) | [Privacy Policy](#)

Dalhousie Community Association | 5432 Dalhart Road NW | Calgary, AB T3A 1V6 CA

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